

ATRIOVENTRICULAR VALVE DYSPLASIA

BASICS

OVERVIEW

- The heart of the dog or cat is composed of four chambers; the top two chambers are the left and right atria and the bottom two chambers are the left and right ventricles; heart valves are located between the left atrium and the left ventricle (mitral valve); between the right atrium and the right ventricle (tricuspid valve); from the left ventricle to the aorta (the main artery of the body; valve is the aortic valve); and from the right ventricle to the main pulmonary (lung) artery (pulmonary valve)
- The mitral valve and the tricuspid valves are the “atrioventricular valves;” that is, they are the valves between the left atrium and ventricle and between the right atrium and ventricle, respectively
- In order to pump blood to the lungs and body, the heart must work in a coordinated fashion; the normal control or “pacemaker” of the heart is the sinoatrial (SA) node, which starts the electrical impulse to begin the coordinated contraction of the heart muscles—the electrical impulse causes the atria to contract, pumping blood into the ventricles; the electrical impulse moves through the atrioventricular (AV) node and into the ventricles, causing the ventricles to contract and to pump blood to the lungs (right ventricle) and the body (left ventricle)
- “Dysplasia” is the medical term for abnormal development of a tissue
- “Atrioventricular valve dysplasia” is a congenital (present at birth) malformation of the mitral or tricuspid valve

GENETICS

- Tricuspid valve dysplasia is inherited as an autosomal recessive trait in Labrador retrievers
- Heritability and pattern of inheritance are not established in other breeds

SIGNALMENT/DESCRIPTION of ANIMAL

Species

- Dogs and cats
- One of the most common congenital (present at birth) heart defects in cats; less frequently diagnosed in dogs

Breed Predilections

- Mitral valve dysplasia—bulldogs, Newfoundlands, Great Danes, golden retrievers, possibly Dalmatians and Siamese cats; perhaps the most common congenital (present at birth) heart defect of cats
- Mitral valve malformations also common in cats with hypertrophic cardiomyopathy (disease characterized by inappropriate enlargement or thickening of the heart muscle of the left ventricle)
- Tricuspid valve dysplasia—Labrador retrievers, German shepherd dogs, Great Pyrenees, possibly Old English sheepdogs; common in cats

Mean Age and Range

- Variable
- Signs most often seen within the first few years of life

Predominant Sex

- Males are more likely than females to have signs of heart failure

SIGNS/OBSERVED CHANGES in the ANIMAL

- Exercise intolerance most common problem in dogs and cats
- Abdominal swelling or distention, weight loss, and stunting of growth may be observed with severe tricuspid valve dysplasia
- Labored breathing common in dogs or cats with mitral valve dysplasia
- Fainting (known as “syncope”) and collapse, if severe mitral or tricuspid valve narrowing (known as “stenosis”) or if blood flow through the valves is blocked or the animal has irregular heart beats (known as “arrhythmias”)

Mitral Valve Dysplasia (*involves the valve between the left atrium and the left ventricle*)

- Heart murmur; with severe disease, may be able to feel vibrations caused by abnormal blood flow (known as “thrills”) when placing hand against the chest wall or may hear a sequence of three heart sounds (known as a “gallop rhythm”), when listening to the heart with a stethoscope; heart beat sounds like a galloping horse instead of normal “lub-dub”
- Evidence of left-sided congestive heart failure—animals with severe defects may have rapid breathing (known as “tachypnea”); increased breathing efforts; rough snapping sounds (known as “crackles”) may be heard when listening to the chest with a stethoscope; and bluish discoloration of the skin and moist tissues (mucous membranes) of the body caused by inadequate oxygen levels in the red-blood cells (known as “cyanosis”); “congestive heart failure” is a condition in which the heart cannot pump an adequate volume of blood to meet the body’s needs

Tricuspid Valve Dysplasia (*involves the valve between the right atrium and the right ventricle*)

- Heart murmur; with severe disease, may be able to feel vibrations caused by abnormal blood flow (thrills) when placing hand against the chest wall or may hear a sequence of three heart sounds (gallop rhythm), when listening to the heart with a stethoscope; heart beat sounds like a galloping horse instead of normal “lub-dub”
- The external jugular veins (located on either side of the neck) may be enlarged or distended and may have a pulse

- Evidence of right-sided congestive heart failure—fluid build-up in the abdomen (known as “ascites”) and, more rarely, fluid build-up in the tissues, especially the legs and under the skin (known as “peripheral edema”) with severe malformations

CAUSES

- Congenital (present at birth) malformation of the mitral or tricuspid valve

TREATMENT

HEALTH CARE

- Inpatient treatment required for congestive heart failure; “congestive heart failure” is a condition in which the heart cannot pump an adequate volume of blood to meet the body’s needs

ACTIVITY

- Restricted in accordance with severity of clinical signs

DIET

- Sodium-restricted diet, if in or likely to develop congestive heart failure; “congestive heart failure” is a condition in which the heart cannot pump an adequate volume of blood to meet the body’s needs

SURGERY

- Heart valve surgery is available in a few centers
- Surgical treatment is expensive

MEDICATIONS

Medications presented in this section are intended to provide general information about possible treatment. The treatment for a particular condition may evolve as medical advances are made; therefore, the medications should not be considered as all inclusive.

- Mitral or tricuspid dysplasia with insufficiency—medications to remove excess fluid from the body (known as “diuretics,” such as furosemide), heart medications (such as angiotensin-converting enzyme [ACE] inhibitors and digoxin) for patients in or likely to develop congestive heart failure; “congestive heart failure” is a condition in which the heart cannot pump an adequate volume of blood to meet the body’s needs
- Mitral or tricuspid narrowing (stenosis)—medications to remove excess fluid from the body (diuretics, such as furosemide) to control fluid build-up (known as “edema”); heart rate should be maintained near 150 beats per minute, using digoxin, a calcium-channel blocker (such as diltiazem), or a beta-receptor blocking drug (such as atenolol)
- Dynamic blockage of blood flow through the valves (known as “dynamic outflow tract obstruction”—beta-receptor blocking drug (such as atenolol) to decrease severity of outflow obstruction; a “dynamic” process in one in which the lumen of the chambers changes with the movements of the heart (relaxation and contraction)
- Medications to remove excess fluid from the body (diuretics, such as furosemide), if animal is in congestive heart failure

FOLLOW-UP CARE

PATIENT MONITORING

- Recheck yearly, if no signs of congestive heart failure; “congestive heart failure” is a condition in which the heart cannot pump an adequate volume of blood to meet the body’s needs
- Recheck at a minimum of every 3 months, if signs of congestive heart failure—chest X-rays, electrocardiogram (“ECG,” a recording of the electrical activity of the heart), and echocardiography (use of ultrasound to evaluate the heart and major blood vessels)

PREVENTIONS AND AVOIDANCE

- Do not breed affected animals

POSSIBLE COMPLICATIONS

- Congestive heart failure: left-sided with mitral valve dysplasia; right-sided with tricuspid valve dysplasia; “congestive heart failure” is a condition in which the heart cannot pump an adequate volume of blood to meet the body’s needs
- Collapse or fainting (syncope) with exercise
- Sudden onset (known as “paroxysmal”) supraventricular tachycardia or atrial fibrillation with severe disease; “supraventricular tachycardia” is a rapid heart rate caused by electrical impulses that originate from a site other than the sinoatrial (SA) node, the normal pacemaker of the heart; “atrial fibrillation” is a rapid, irregular heart rhythm involving the top two chambers of the heart (atria)

EXPECTED COURSE AND PROGNOSIS

- Depends on severity of underlying defect

- Prognosis is guarded to poor with serious defects

KEY POINTS

- “Atrioventricular valve dysplasia” is a congenital (present at birth) malformation of the mitral or tricuspid valve
- Potentially an inherited disorder; affected animals should not be used for breeding

